

List of:

Dentists from Heber Valley

Names	HBUM pp	FGS	Pict	Hi
Reed L. Abplanalp or Alder <i>ptced in SLCC</i>	693-4			
Norman Bacon <i>" " Arizona</i>			✓	obit
Steven Barnard <i>" "</i>			✓	✓
H. M. Broadbent				
Carl Clark				
Marshall Kent Cochran			✓	✓
Wayne Dudley				
David <del>Duke</del> Fisher				
Dr. Charles Glanville 1882-86 <i>(MD but he also pulled teeth)</i>				
Joseph Hicken				
Ivie lived in Center Creek				
Michael Knight			✓	
Jay Montgomery				
Ralph <sup>B</sup> Montgomery			✓	✓
Steven Montgomery				
Kay Reese <i>son of Merrill</i>				
Thomas Reese (Bro to Merrill)				
Gary Silver				
Charles Ward <i>lives in Midway + ptced in SLCC</i>				✓
Bryce Wilson	598	✓		

*not in Arch #2 6-1-90*

## References:

1. wave 27 June 1968, 10-10-68, 13 May 1989 19 Aug 1971  
 13 Apr 1972 19 Oct 1972 29 Apr 1982

*1st Draft*

DR. R. R. GREEN  
 375 E. 2ND ST.  
 HEBER CITY, UTAH  
 84032

John A. Alexander, Jr.

William J. Brown

Steven C. Brown

W. M. Broadbent

Carl Clark

Wesley L. Clark

Wilder

William H. H. H.

Joseph H. H. H.

John H. H. H. H.

Michael H. H. H.

John H. H. H.

John H. H. H.

John H. H. H.

John H. H. H.

John H. H. H.

John H. H. H.

List of  
dentists from  
Heber  
belongs here

e (canned)  
fresh)  
anned)  
anned)  
anned)

## Nuts

Almonds (dry, roasted)  
Brazil nuts  
Cashews (roasted)  
Peanuts (roasted)

## Vegetables

Baked beans  
Carrots (raw)  
Celery (raw)  
Dandelion greens (cooked)  
Lima beans (canned)  
Mustard greens (cooked)  
Tomatoes (raw)  
Spinach (canned)

### NOTE:

Nearly all vegetables are rich in potassium when raw. However, a significant proportion of potassium can be lost if water used in cooking is discarded.

and nonfat)